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## **New Next Step in Care Family Caregiver Guide on Technology**


Technology is all around us, and it has entered the world of family caregiving in a big way. Next Step in Care recognizes that development in [A Family Caregiver's Guide to Electronic Organizers, Monitors, Sensors, and Apps](#). Created for family caregivers who are grappling with issues about technology, the guide presents questions to think about when deciding whether to buy an electronic product or service. It includes detailed information about:

- Coordinating health care and support services;
- Organizing health information with electronic health records, patient portals, and personal health records;
- Communicating with family and friends, and scheduling help;
- Personal Emergency Response Systems (PERS); and
- Home monitoring systems.

The guide also includes a list of terms and definitions and ways to learn more about technology. Like all Next Step in Care guides, this guide is available in English, Spanish, Chinese, and Russian.

## **MD Magazine Video Interview with Carol Levine**

*MD* magazine features Carol Levine, director of UHF's Families and Health Care Project, in a [video interview](#) on helping family caregivers through difficult situations. The interview is also available in a [written format](#). In both versions she encourages physicians to play a bigger role in supporting family caregivers as they take on daunting challenges of complex medication management, wound care, and other clinical tasks. "What family caregivers find troubling is a lack of understanding from doctors, nurses, and hospitals that they are actually doing something really significant," she said. "They need the expert advice of professionals." □

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